



Paul Breslau

Wealthy and Healthy for Eternity

Scottsdale is the Perfect Place to Stay Wealthy and Healthy for Eternity

Be Wealthy

With its fair share of executives, entrepreneurs, professional athletes, wealthy transplants and retirees, Scottsdale offers a wide array of resources to accumulate and manage wealth. Having developed relationships with many Scottsdale area financial professionals and having studied intensive courses for the CLU, ChFC, RHU, REBC alphabet soup after my name, there are two points I would like to make about managing your money.

The first point is to periodically adjust to the constant changes, such as new laws, longer life expectancy, interest rates fluctuations, technological advancement, etc. What I see happening to many companies and people is through the strong power of inertia. If you do nothing for long enough, it will eventually be to the detriment of your wealth situation. How have the new Health Savings Accounts, the lower life insurance premiums, the new indexed annuities, and changes to corporate-defined benefit or deferred compensation plans impacted you or your company? What adjustments need to be made to your financial status?

The second point is that there are good and bad practitioners in every industry. How people select their accountants, insurance agents, banks, attorneys, financial planners and other wealth management specialists is a subject that intrigues me. Because there are so many components to your wealth situation, I am confident that some aspect of it can be improved upon, oftentimes significantly. If you need help finding an excellent and trustworthy agent, accountant, financial planner or other Scottsdale area financial professional, please feel free to contact me for suggestions.

Stay Healthy

Innovative Health Solutions (IHS) LLC is a Scottsdale-based multidisciplinary wellness clinic. They offer integrated health evaluations and programs that include nutrition, exercise programming, postural analysis, body movement, precision chiropractic, deep muscle therapy, etc. These professionals are educated in their specialties and stay up-to-date on the latest research. They work together collectively approaching the health-related needs of their patients/clients. Waiting for disease or injury to manifest or progress is not necessary with their

cutting-edge approach to [disease/disability] prevention.

"After several years of successful individual practice, all of our complementary healthcare disciplines have now come together in the new clinic in order to provide the public with the very best and most comprehensive source for natural healthcare," says Matt Essex, managing director and clinical nutritionist of Innovative Health Solutions. "By working together, we are able to produce results with people that would never have been possible in our individual practices. Our true passion is to restore truth to healthcare and help people achieve optimal health and quality of life."

You can arrange programs on your own premises or at their McCormick Ranch location. Visit www.IHSNetwork.com or have your company contact Matt Essex at MEssex@IHSNetwork.com or (480) 607-7415.

Reach For Eternity

The "ultimate benefit" is in our very own Scottsdale Airpark. All of us in our "first life cycle" should consider membership with Alcor Life Extension Foundation, the world leader in cryonics, cryonics research and cryonics technology. In the past, who would have thought of stents, open heart surgery and, even, heart transplants? Just as our grandparents were vulnerable to many ailments that are easily treatable or preventable today, in the future, there will be many commonplace cures that are considered miraculous by current standards. At Alcor, the price is small for a chance to take advantage of that future technology, the chance for a second life cycle.

According to Alcor's Web site, "The first generation that will see the 22nd century is already here. They are our young children. Among them are individuals who may see the 23rd century and beyond; people who will one day walk under strange stars and skies; people whose lives and worlds will grow beyond the imagination of science fiction." For information, visit www.alcor.org or contact Diane Cremeens at diane@alcor.org at (480) 905-1906 extension 132.

Please contact me or those cited above to discuss staying wealthy and healthy for eternity. Thanks!☺

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